



Fertility Preservation

Options from Milann

For over 33 years, Milann has been among the leaders in Fertility and IVF treatments and has helped over 100000 parents experience the joy of parenthood. Our Fertility Experts have years of experience in helping couples overcome fertility issues and conceive successfully.

At Milann we've been using fertility preservation techniques not just for those diagnosed with cancer, but also for those who might want to wait a little longer before having children. With state-of-the-art technology and processes, fertility preservation is a normal, common and sensible thing to do these days.

Depending on your age, gender and type of cancer and treatment there will be many options before you. The most common fertility preservation methods for adults include: Sperm Cryopreservation, Oocyte Cryopreservation, and Embryo Cryopreservation. Cryopreservation is the process where biological material - cells, tissues, or organs - are frozen to preserve them for an extended period of time.

Sperm Cryopreservation for men

In this process, a patient's semen sample is taken and cleaned, after which it is frozen or cryopreserved to preserve its quality, for use at a later date.



After Cancer treatment, the patient can then choose to have the stored sperm either injected into their female partner or fused with the eggs of their partner or a donor when they are ready to conceive.

Beating Cancer shouldn't cost your Fertility

At Milann, we know that a lot of cancer survivors today have gone on to live healthy, happy lives and even have children. You can too. If you take some important steps to preserve your fertility before you begin cancer treatment.

Cancer treatments like Radiation Therapy, Targeted Therapy, Immunotherapy Drugs and specific types of surgery can have a negative impact on fertility, impacting your ability to have children. But in many cases, exploring your fertility preservation options with your Oncologist and a Fertility Specialist, ahead of cancer treatment can preserve your chances to have children after treatment.

Oocyte Cryopreservation for women

In a regular ovulation cycle, a woman produces 1 egg or oocyte. However for cryopreservation, it is preferable to collect multiple eggs to maximize the chances of a



successful pregnancy later on. For this, the female patient is given fertility medications to boost the number of eggs produced. These eggs are then collected, cleaned and assessed for quality. The best eggs are then frozen for preservation, to be used at a later date.

When the patient has finished cancer treatment and is ready to have children, they can approach their fertility expert to initiate the process. At this stage, the frozen eggs are first thawed. The patient can then choose to have her eggs fertilized by her partner's or a donor's sperm to create an embryo. Once created, the embryo's will be transferred back to the female patient's uterus for pregnancy.

Embryo Cryopreservation for couples

If either partner in a couple is suffering from cancer, they can choose to go for Embryo Cryopreservation. In this process, the female patient is given



fertility medications to boost the number of eggs produced. The male partner's sperm are also collected and cleaned. The best samples from both the eggs and sperm are then fused to create healthy embryos. In the very early stages of its development, the embryo will be frozen and stored to preserve its quality, giving the couple the option to have a baby at a later date. When the couple is ready to have children, the embryo is first thawed. The couple can then choose to have the thawed embryo transferred to the female patient's womb for pregnancy.

Before going for any form of cancer treatment, we advise that you consult with a fertility expert and explore the various options available for fertility preservation.



**GET
YOUR FIRST
YEAR OF
CRYOPRESERVATION
FREE**

When you plan your fertility preservation with the experts at Milann, you get more than just the leaders in fertility care on your side, you get the benefit of your first year of cryopreservation free.

Give your chance to start a family, all the support and care it needs.

#PledgeToPreserveFertility

**GET
YOUR FIRST
YEAR OF
CRYOPRESERVATION
FREE**

Before you begin your cancer treatments, discuss your fertility preservation options with your Oncologist and the Fertility Experts at Milann. They can help you take the right steps with a treatment plan that works for you based on your case.

While you fight cancer, Milann will help you preserve your fertility with the first year of cryopreservation facilities free. When you're cancer free, you'll be free to start your family with a little help from the fertility experts at Milann.

Book an appointment with our fertility experts today.

Call 1800 102 8860

Some questions to ask your Oncologist

- 1 How might my cancer treatment affect my ability to have children?
- 2 If I want children, is this treatment my best option or are there others?
- 3 What can be done now to preserve my chances of having children later?
- 5 How does my age affect my chances of having children or preserving my fertility?
- 6 What if I don't want children now, but may in the future?
- 7 Could the cancer treatment I already had make me infertile?



**PRESERVE
FERTILITY.
DEFEAT
CANCER!**

Ask your Oncologist about options to preserve your fertility before you begin cancer treatment.

